



After Botox is placed into the targeted muscles, the weakening effect gradually begins over 3-5 days, and is not complete for 2 weeks. Therefore, optimal results are not seen for at least two weeks, and sometimes longer. During this period, you may notice asymmetry or unevenness within the treated areas. This asymmetry will usually correct itself as the Botox takes effect.

For maximal results, it is recommended that after receiving Botox you maintain an upright posture for at least 4 hours. During this time it is also recommended that the treated area not be rubbed vigorously or massaged. You may wish to actively move the treated areas during this time, as this may help to increase the response of the Botox-targeted muscles.

There is no known permanent side-effect of Botox therapy for wrinkles. There are, however, several well known side effects that are temporary.

**Initial** \_\_\_\_\_

**These include the following:**

**Bruising.** Usually at or near the injection site, may be increased with the use of aspirin or aspirin like products, including Vitamin E. This effect generally clears within 7-10 days. No treatment is necessary.

**Headache.** Related to the actual injections, is usually mild and transient lasting less than 24 hours. May be relieved with Tylenol.

**Pain at the injection site.** Similar to headache above, is usually mild, transient and relieved with Tylenol.

**Asymmetry.** As described above, if present, noticed within the first two weeks of therapy. May be corrected with "touch-up" injections, if necessary.

**Muscle twitching.** Unusual, transient, and if persistent may be corrected with "touch-up" injections.

**Numbness.** Actually a change in sensation noticed by some Botox patients in the treated areas, better described as a "dullness", it is usually only noticed for a few days after treatment. Treatment is not necessary.

**Eyebrow or eyelid ptosis (drooping) and double vision ( diplopia),** seen in 1-2% of patients receiving Botox therapy, is temporary lasting 2-4 weeks and usually mild. May be treated with special eyedrops, or if necessary, patching of the affected eye.

**Initial** \_\_\_\_\_

Also for reasons not fully understood, some patients may be less sensitive or "resistant" to the effects of Botox. In these patients, Botox will not work as well or for as long as would ordinarily be expected.

If you are pregnant, or breastfeeding, botox treatments are not recommended.

If you have a history of neurologic (nervous system) disease, especially if it is currently active, you may not be a good candidate for Botox therapy. This should be discussed with your treating neurologist, or physician caring for your neurologic disease, prior to receiving Botox therapy.

If you are currently taking aminoglycoside antibiotics or penicillamine, you may need to discuss further your ability to receive Botox therapy with the doctor. Be sure to list all medications, including non-prescription and alternative, that you are currently taking.

There are alternatives to Botox therapy for wrinkles, including no treatment, topical cream treatments, chemical peels, laser peeling, surgical face lifting and surgical destruction of the muscles involved in the formation of "dynamic" lines.

I understand and give permission for pictures to be taken of my Botox therapy, both before and after treatment. I understand that these photographs will remain the property of the clinic, and that they will remain as part of my medical record. I also give permission for the use of these photographs for teaching purposes, in lectures, in scientific papers, journals, and books. My name will not be used with these photographs.

**Initial** \_\_\_\_\_

Because Botox therapy for wrinkles is considered a cosmetic procedure, insurance does not pay for treatment. The Botox material used for injection is expensive, time perishable and must be special ordered and prepared. Therefore, it is important to keep your appointment. Payment at the time of service is requested for all patients. You may request a price quote before your treatment. Appointments may be reserved with a deposit of \$100.00 , due at the time of scheduling. We request a 48 hour notice of cancellation for all scheduled Botox appointments. If less than 48 hours notice is given, the deposit may not be refunded.

By signing below, I agree that I have read and understand the above information, and that my questions have been fully answered to my satisfaction.

I authorize \_\_\_\_\_ MD/PA/NP/RN, to treat my wrinkles and lines with Botox therapy. I understand that the practice of medicine and surgery is not an exact science and that no results are guaranteed, including Botox therapy for wrinkles and lines.

1 <sup>st</sup> treatment:	_____	_____	_____	_____
	Patient	Staff	Date	Fee
2 <sup>nd</sup> treatment	_____	_____	_____	_____
	Patient	Staff	Date	Fee
3 <sup>rd</sup> treatment	_____	_____	_____	_____
	Patient	Staff	Date	Fee
4 <sup>th</sup> treatment	_____	_____	_____	_____
	Patient	Staff	Date	Fee
5 <sup>th</sup> treatment	_____	_____	_____	_____
	Patient	Staff	Date	Fee